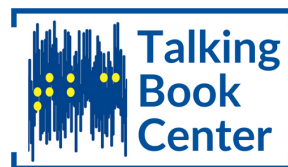


Whole Body Health:

DB120795 Grown Woman Talk: Your Guide To Getting And Staying Healthy by Sharon Malone



DB117277 Healthy Heart, Healthy Brain: The Proven Personalized Path To Protect Your Memory, Prevent Heart Attacks And Strokes, And Avoid Chronic Illness by Bradley Bale

DB122267 Stay Off My Operating Table: A Heart Surgeon's Metabolic Health Guide To Lose Weight, Prevent Disease, And Feel Your Best Every Day by Philip Ovadia

DB119130 Gut Check: Unleash The Power Of Your Microbiome To Reverse Disease And Transform Your Mental, Physical, And Emotional Health by Steven Gundry

DB107169 The Alzheimer's Solution: A Breakthrough Program To Prevent And Reverse The Symptoms Of Cognitive Decline At Every Age by Dean Sherzai



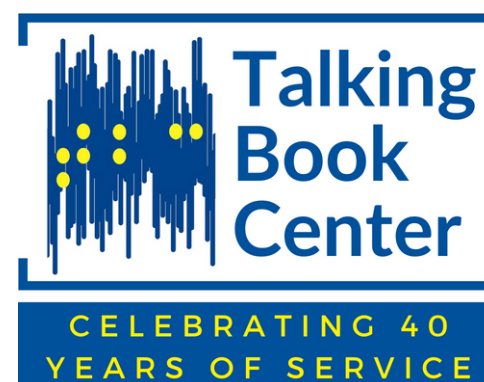
DB109275 Mayo Clinic On Osteoporosis: Keep Your Bones Strong And Reduce Your Risk Of Fractures by Ann Kearns

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Welcome To Spring:

DB112138 Floret Farm's Cut Flower Garden by Erin Benzakein

DBC19720 Roses Love Garlic: Companion Planting And Other Secrets Of Flowers by Louise Riotte

DB90453 Our Native Bees: North America's Endangered Pollinators And The Fight To Save Them by Paige Embry

DB110827 The Insect Crisis: The Fall Of The Tiny Empires That Run The World by Oliver Milman

DB115673 Raised Bed Gardening: A Complete Beginners Guide: Grow Everything From Herbs To Tomatoes In Your Own Custom Raised Beds by Tara Nolan

DB114703 The Seven-Step Homestead: A Guide For Creating The Backyard Microfarm Of Your Dreams by Leah M. Webb

DB68366 Gardening When It Counts: Growing Food In Hard Times by Steve Solomon

DB19175 The Mother Earth News: A To Z Home Gardener's Handbook by Pat Stone

DB92939 New Organic Grower: A Master's Manual Of Tools And Techniques For The Home And Market Gardener by Eliot Coleman

DB105601 The First-Time Gardener: Growing Plants And Flowers: All The Know-How You Need To Plant And Tend Outdoor Areas Using Eco-Friendly Methods by Sean and Allison McManus

DB113143 Gathering Moss: A Natural And Cultural History Of Mosses by Robin Wall Kimmerer

DB86697 The Hidden Life Of Trees: What They Feel, How They Communicate: Discoveries From A Secret World by Peter Wohlleben

DB117481 Around The World In 80 Trees by Jonathan Drori



Patron Recommendations:

DB35000 Inka Dinka Doo: The Life Of Jimmy Durante (biography, entertainer)
With his trademark nose and humorous command of the English language, comedian Durante remained popular despite a string of movie flops. Details the performer's lengthy career on stage and in radio, television, and films and discusses Durante's personal life and the countless friendships that attest to his good-hearted disposition. 1991.

DB33612 The Second Sex by Simone de Beauvoir (feminism, philosophy)
A study of the position of women in Western culture and history. Examines the facts and myths surrounding the physiological, sexual, and social roles of women from the point of view of biology, psychoanalysis, and historical materialism. Portrays de Beauvoir's perception of women's becoming professionally independent, with or without the roles of wife and mother. 1949.

New and Popular Books on BARD:

DB126341 Marsh Madness; Miss Fortune 27 by Jana DeLeon (myst.)

DB126600 Baskets And Beignets; Miss Fortune 28 by Jana DeLeon

DB125935 Trial By Fire by Danielle Steel (romance)

DB126298 Bellevue by Robin Cook (mystery thriller)

DB126056 Now Or Never: Thirty-One On The Run; Stephanie Plum 31
by Janet Evanovich (mystery)

DB125960 Stuart Woods' Golden Hour; Teddy Fay 07 by Brett Battles (suspense)

DB125963 The Amish Bishop's Daughter; Amish Misfits 03 by Samantha Price (rel. fic.)

DB125713 A Truth Revealed; Heart of Cheyenne 03 by Traci Peterson (religious fic.)

DB125854 That Doesn't Mean What You Think It Means: The 150 Most Commonly
Misused Words And Their Tangled Histories by Kathryn Petras (language)

DB126063 The Anatomy Of Fascism by Robert O. Paxton (government, history)

DB125438 Erasing History: How Fascists Rewrite The Past To Control The Future
by Jason Stanley (social science)

DB126193 Citizen: My Life After The White House by Bill Clinton (autobiography)

DB126270 Unleashed by Boris Johnson (autobiography, British politician)

DB122180 For Love Of Country: Leave The Democrat Party Behind by Tulsi Gabbard

DB125936 Cher by Cher (autobiography of singer)

DB125418 Carson The Magnificent by Bill Zehme (biography of Johnny Carson)

DB123774 The Story Of The Bee Gees: Children Of The World by Bob Stanley (biog.)



Westerns:

DB59106 Sixteen In Nome by Max Brand
Sixteen-year-old Joe May arrives in Nome, Alaska, hoping to claim some land. He is down on his luck until he rescues a husky belonging to Hugh Massey. Expecting a reward, Joe instead becomes the bait Massey needs to lure foe Arnold Calmont into a deadly trap. 1930.

DB10057 The House At Gray Eagle by Elisabeth Macdonald
Set in the Colorado mountains at the turn of the century. Lonely and shy Elizabeth marries John MacNair only three days after their first meeting. On arriving at his Gray Eagle Ranch, she has a number of problems that make her begin to regret this one impetuous act of her life. 1976.

DB12533 Dark Canyon by Louis L'Amour
Gaylord Riley sets up his cattle range bordering Dark Canyon, a poor choice of location. Rustlers use the canyon to drive stolen cattle across the mountains and bandits use it for ambushes. 1963.

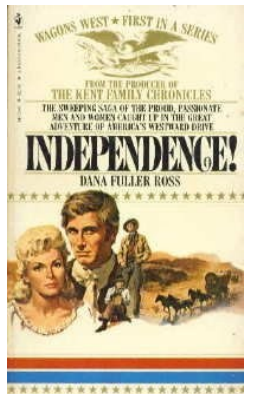
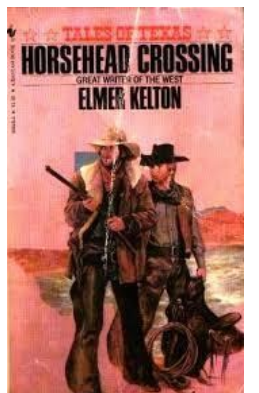
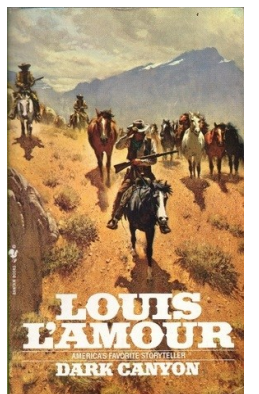
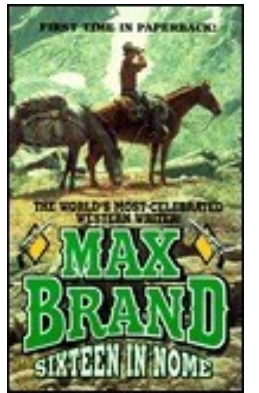
DB30511 The Nighthawk Trail by Max Brand
Speedy would not have taken on the job for a mountain of gold, but his buddy Al Dupray needs help. Al is in love with the pretty daughter of a rattlesnake-mean rancher, and Speedy has to track down the rancher's stolen stallion, Nighthawk, before lead starts flying. 1987.

DB31505 Horsehead Crossing by Elmer Kelton
"A man couldn't have a better friend than Milam Haggard. Or a worse enemy." Unfortunately for Johnny Frito and Speck Quitman, Haggard is an enemy, for he holds them responsible for the death of his wife. Even though the law says they are innocent, Haggard tracks them down, and they meet at the violently churning waters of Horsehead Crossing. 1963.

DB16017 Independence! Wagons West 01 by Dana Fuller Ross
In 1837 a band of pioneers set out from Long Island on a mission to win the rich Oregon territory for America. It is also the tale of a fiery young widow, Claudia and the bold wagon-master, Sam, whose destiny it was to command the first leg of the remarkable journey. 1979.

Wagons West Series: 24 books in the series:

Rugged pioneer trails led them across snowy mountain peaks to the grassy plains of big-sky country. Rich mines of fabulous gold lured dreamers and desperados to stake their claims in this lawless territory. There, brave ranchers fought for their homesteads against outlaws and Indians who tried to plunder their wealth and capture their women in the high adventure of these wild and bloody clays.



Westerns:

DB48136 To The Last Man by Zane Grey

Many years before, a Texan had stolen the heart of a girl already promised to another man. The betrayal sparks a smoldering hatred that explodes into a war that makes the Tonto Basin run red with blood. 1921.

DB75190 The Man From Laramie by T. T. Flynn

Will Lockhart, on leave from the army, travels a thousand miles to track down the gunrunner who was responsible for the death of his brother. Will clashes with Barb Ranch foreman Vic Hansbro and takes a job with Hansbro's rival. 1954.

DB71802 Vengeance Valley by Luke Short

The Fasken brothers come from Texas to Stobie, a rough cattle town, to murder the man who impregnated their sister Lily. They believe the guilty party is ranch foreman Owen Daybright--and Daybright can't prove his innocence without betraying his beloved employer's worthless son. 1949.

DBC01546 Pardners Of The Badlands by Bliss Lomax

The outlaw avalanche of the Colorado River Basin provided grim and exciting challenge to the Hammersley Expedition crowd. But hard-bitten and hard-boiled adventurers Rainbow Ripley and Grumpy Gibbs weren't looking to explore--they were hot on the trail of a train robbery. 1942.

DB101200 Dead Man's Crossing; Jake Moran 01 by Robert W. Broomall
In the midst of the California Gold Rush, Jake Moran is hired to guide a wagon train from Texas to California across fifteen hundred miles of forbidding desert. Along the way, they will face thirst, cholera, Comanche raids, and more. Strong language and some violence. 1987.

DB57076 The Last Mountain Man; Mountain Man 01
by William W. Johnstone

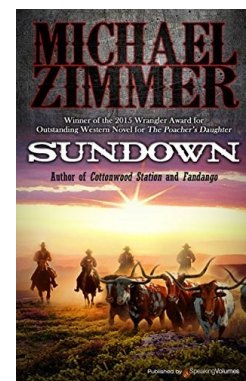
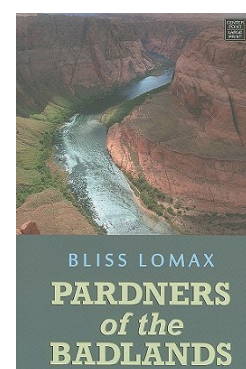
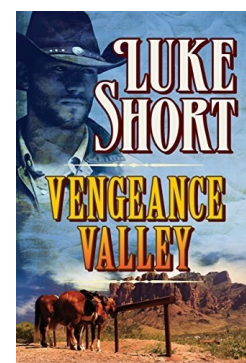
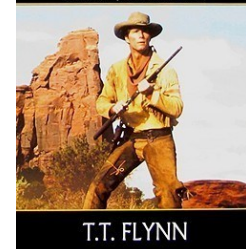
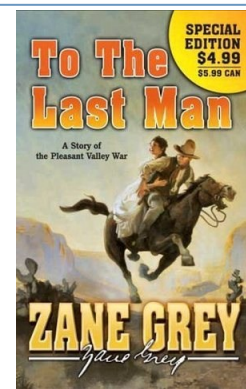
1865. Sixteen-year-old Kirby Jensen and his father, home from the Civil War, leave their Missouri farm and head west. Two years later Kirby's father is killed, and Kirby--now called Smoke--is out for revenge. Under the tutelage of an old mountain man named Preacher, Smoke begins his journey to becoming a legend. 1984.

DB28290 Sundown by Michael Zimmer (romance)

DB17362 Riders Of The Purple Sage by Zane Grey (romance)

DB45242 The Rainbow Trail by Zane Grey (romance)

DB94793 Colorado Grooms, books 1 & 2 by Jill Lynn (romance)



March Titles:

DB60676 The March by E.L. Doctorow (war fiction)

This Civil War saga portrays the complex nature of General William Sherman as he leads Union troops through Georgia and the Carolinas. Describes the carnage and destruction that occur as well as the tender feelings that arise as the soldiers proceed. 2005.

DB105053 Mrs. March by Virginia Feito (psychological fiction)

No one is prouder of novelist George March when his latest book is a smash than his dutiful wife, Mrs. March. But Mrs. March's world begins falling apart when someone suggests the detestable lead character is based on her. She works to decode her husband's secrets. 2021.

DB54485 Dead March by Ann McMillan (historical mystery)

Richmond, Virginia; 1861. Young widow Narcissa investigates the death of her brother. With the help of freedwoman and healer Judah, and reporter Brit, she finds a scheme of grave robbing and murder. 1998.

DB43848 The Radetzky March by Joseph Roth (historical fiction)

1850s Austria, Lieutenant Trotta saves the life of Emperor Franz Joseph in battle. For his deed, Trotta is knighted a baron. The Trotta family live in the shadow of their heroic forebear through the waning years of the Hapsburg Empire in the changing world prior to World War I. 1932.

DB115462 The Dead March: A History Of The Mexican-American War
by Peter Guardino (history)

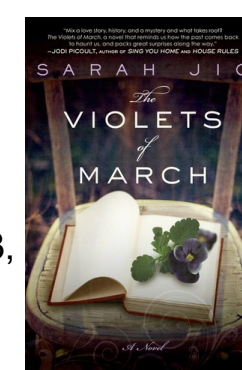
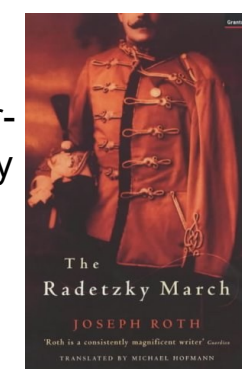
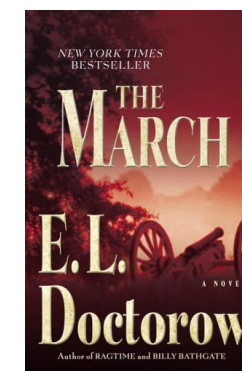
Thought that the United States emerged victorious from the Mexican-American War because its democratic system was more stable and its citizens more loyal, history now shows that Americans dramatically underestimated the strength of Mexican patriotism and failed to see how bitterly Mexicans resented their claims to national and racial superiority. 2017.

DB101989 His Truth Is Marching On: John Lewis And The Power Of
Hope by Jon Meacham (biography)

Author reflects on the life of civil rights icon and longtime congressman John Lewis. He recounts Lewis's lifelong quest for justice in America, examines his philosophies and the impact of his actions. 2020.

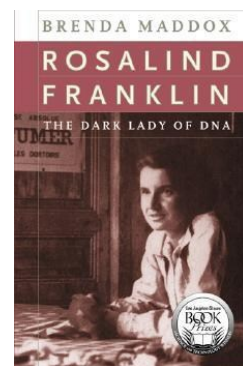
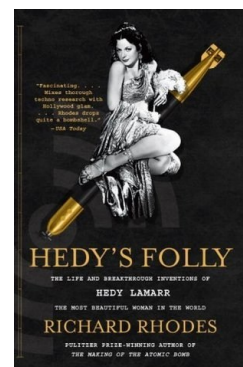
DB87529 The Violets Of March by Sarah Jio (romance)

Emily, a bestselling author facing divorce and writer's block, retreats to Bainbridge Island to relax and seek inspiration. Finding a diary from 1943, Emily is drawn to the love story from the past and sees parallels with her own life. 2011.



Women's History: Biographies:

- DB121958 Ethel Rosenberg: An American Tragedy by Anne Sebba
- DB78843 Life In Motion: An Unlikely Ballerina by Misty Copeland
- DB30659 Madame Curie: A Biography by Eve Curie
- DB75958 Hedy's Folly: The Life And Breakthrough Inventions Of Hedy Lamarr, The Most Beautiful Woman In The World by Richard Rhodes
- DB67068 Unbowed: A Memoir by Wangari Muta Maathai (conservation)
- DB77454 I Am Malala: The Girl Who Stood Up For Education And Was Shot By The Taliban by Malala Yousafzai
- DB56462 Rosalind Franklin: The Dark Lady Of DNA by Brenda Maddox
- DB23435 The Journal Of Charlotte Forten: A Free Negro In The Slave Era by Charlotte Forten
- DB112361 Agent Josephine: American Beauty, French Hero, British Spy by Damien Lewis (Josephine Baker)
- DB91002 Bessie Coleman: First Female African American And Native American Pilot by Cathleen Small
- DB64886 My Lord, What A Morning by Marian Anderson (opera singer)
- DB81129 Our Auntie Rosa: The Family Of Rosa Parks Remembers Her Life And Lessons by Sheila McCauley Keys
- DB118643 Becoming Ella Fitzgerald: The Jazz Singer Who Transformed American Song by Judith Tick
- DB17325 The Heart Of A Woman by Maya Angelou (autobiography)
- DB94622 First: Sandra Day O'Connor by Evan Thomas (judge)
- DB82345 Joan Of Arc: A History by Helen Castor
- DB15194 Margaret Sanger: A Biography Of The Champion Of Birth Control by Madeline Gray
- DB48559 Front Row At The White House: My Life And Times by Helen Thomas
- DB40510 A Woman Of Valor: Clara Barton And The Civil War by Stephen B. Oates
- DB95430 Dutch Girl: Audrey Hepburn And World War II by Robert Matzen
- DB84609 Peggy Guggenheim: The Shock Of The Modern by Francine Prose
- DB65262 Grace Hopper: Admiral Of The Cyber Sea by Kathleen Broome Williams
- DB80502 Grandma Gatewood's Walk: The Inspiring Story Of The Woman Who Saved The Appalachian Trail by Ben Montgomery



Women's History:

- DB86024 Wonder Women: 25 Innovators, Inventors, And Trailblazers Who Changed History by Sam Maggs

Profiles of twenty-five women in the categories of science, medicine, espionage, innovation, and adventure. Features women from all over the world and across time, including Ada Lovelace, Anandibai Joshi, and Bessie Coleman. 2016.

- DB90515 Broad Band: The Untold Story Of The Women Who Made The Internet by Claire Lisa Evans

Chronicle of the work women did throughout history that led to the digital age. Includes profiles of Ada Lovelace, Admiral Grace Hopper, and Elizabeth "Jake" Feinler. Discusses the contributions of human computers, network development, technology evangelization, and more. 2018.

- DB37865 Around The World In 72 days: The Race Between Pulitzer's Nellie Bly And Cosmopolitan's Elizabeth Bisland by Jason Marks

As a publicity stunt, two women reporters set out separately in 1889 with the intention of circling the globe in fewer than eighty days. Nelly became famous for her seventy-two-day journey; Elizabeth took seventy-six days and was relegated to obscurity. 1993.

- DB67259 Seneca Falls And The Origins Of The Women's Rights Movement by Sally McMillen

History of the 1848 Seneca Falls convention that galvanized the women's rights movement in America. Highlights the work of suffragists Elizabeth Cady Stanton, Lucretia Mott, Susan B. Anthony, and Lucy Stone. Describes the social and legal injustices women faced and the Civil War's effect on the movement. 2008.

- DB92057 Fly Girls: How Five Daring Women Defied All Odds And Made Aviation History by Keith O'Brien

Account of how a group of female pilots banded together to fight for the chance to compete in airplane racing, a hugely popular sport in the years between WWI and WWII. Profiles five talented pilots, including Amelia Earhart, and the competition and camaraderie they shared. 2018.

- DB80313 A Cool And Lonely Courage: The Untold Story Of Sister Spies In Occupied France by Susan Ottaway

The true story of sisters Eileen and Jacqueline Nearne, who were British special agents during the Second World War. Jacqueline was a courier for the French Resistance. Eileen, who was posted to Nazi-occupied France to send encoded messages for the Allies, was captured and tortured by the Nazis before escaping. 2014.

